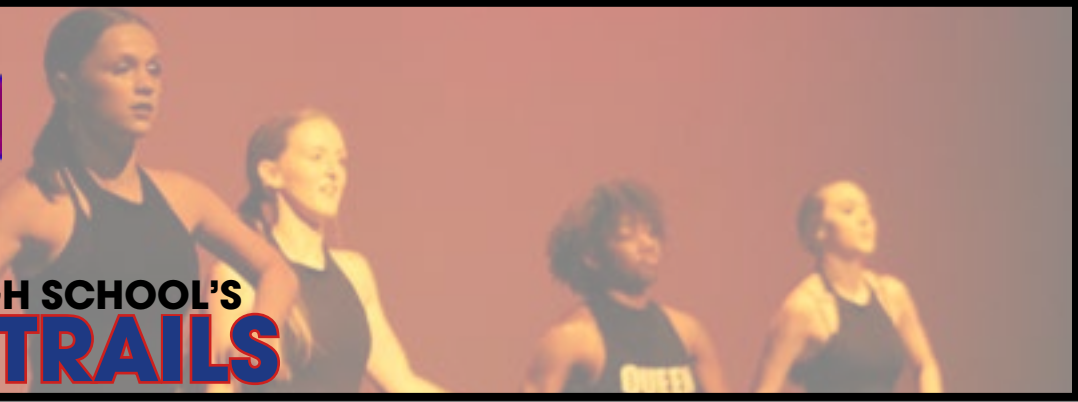




# WAKE FOREST HIGH SCHOOL'S FOREST TRAILS



## PARENT NEWSLETTER OCTOBER 2019

### STUDENT SERVICES

Greetings Cougar Family,

#### AP EXAM REGISTRATION INFORMATION:

The College Board has changed the way Advanced Placement (AP) exam registration will work this year. All students who are enrolled in AP courses will now have access to amazing AP resources by "joining" the course online. All AP teachers have access to a unique join code per class and students will benefit from digital tools and AP exam question banks. For students taking AP courses in Fall, exam registration will take place in late October, as exams will be ordered in the beginning of November. For students taking AP courses in Spring, access to the online course will be granted in January and exam registration will be in March. Exams will be free again for students who are enrolled in the AP course. It is imperative to pay attention to exam ordering deadlines, as late order exams will cost the student **\$134 fee**, and exams canceled or not taken by the student will cost **\$40**.

#### How to Get College Ready!

- Identify your Reach, Target, and Safety Schools
- Apply to colleges (ask your counselor if you need help)
- Apply for Financial Aid through FASFA.gov (Opened Oct 1st)
- Send your transcript through CommonApp, CFNC.org, or WCPSS.net/transcripts
- Send your test scores through Collegeboard.org or ACT.org
- Apply for Scholarships

#### October is anti-bully month.

Student Services has coordinated several events to bring awareness to this important topic. If your student is interested in attending the InterAct seminars below, please have them stop by Student Services for a permission/information form.

Every day, bullying statistics and announcements will be read.

- Oct 3: InterAct speaker lunch A - Loving Yourself, Valuing Others
- Oct 7: Wear BLUE for bully prevention and bus rider kindness treats will be given
- Oct 8: InterAct speaker lunch B - Self-Control
- Oct 15: InterAct speaker lunch A - Healthy Relationships
- Oct 23: Wear ORANGE for unity
- Oct 23: InterAct speaker lunch B - Boundaries and Harassment

Thank you!

### HOW DO I...GET SCHOOL PICTURES?

**Senior Portraits:** To appear in the yearbook, seniors must take their official photos with Prestige by October 26. They have TWO photos for their official senior pictures: (1) a vertical tux/drape photo with blue background; (2) a vertical casual photo. Both images must come from Prestige. To schedule your appointment at the studio, call **919-377-0026**.

**Grades 9-11 Picture Retake Day:** Retake pictures are **October 8** in the media center. The schedule is listed [here](#). Students who were not photographed in September should have their picture taken. If a student is retaking their picture, they must turn in their pictures/proofs to the photographer. For more information, visit the yearbook website, or click below for Prestige's site.

<https://wakeforesthsyearbook.weebly.com/>



### HAMLER'S HIGHLIGHTS



Greetings! Wake Forest High School administration and staff have been busy this year strategizing plans for incorporating Social-Emotional Learning in our everyday curriculums. Social-Emotional Learning is the process in which teachers and students acquire and effectively apply the knowledge, attitude and skills necessary to understand and manage emotions, set and achieve positive goals, field and show empathy for others, establish and maintain positive relationships, and make responsible decisions. In alignment with the core beliefs of the WCPSS, Wake Forest High School believes it is important to meet the needs of EVERY STUDENT, EVERYDAY!

"There is a super hero inside all of us, we just need the courage to put on the cape." -Unknown

As always, thanks for all you do! Go Cougars!

- Patti Hamler, Principal

### UPCOMING EVENTS

- **OCTOBER 8: MAKEUP PICTURE DAY FOR GRADES 9-11** Media Center (7:20-10:25 AM)
- **BAND CONCERT / LUMPY'S SPIRIT NIGHT** Concert - 7:00 PM
- **FFA BOSTON BUTT & GRILLED TURKEY SALE** Order by 11/18; **POINSETTIA SALE** - Ends 10/24 Click [here](#) for additional FFA information.
- **OCTOBER 8: PTSA SPIRIT NIGHT AT DAIRY QUEEN** 2:00-9:00 PM
- **OCTOBER 11: COLLEGE & CAREER FAIR** Looking for a job? A college? A training program? Join us at the College and Career Fair on Oct 11. [Sign up](#) for a Cougar Time slot or show up during lunch. SENIORS: drop off your college essays or email to [wfhbsbusinessalliance@gmail.com](mailto:wfhbsbusinessalliance@gmail.com) for editing help. Sophomores and Juniors: it's time for the SAT and ACT! [Register](#) for our FREE practice test on October 19. Sign in begins at 7:30AM. The tests will finish around noon. You MUST be a WFHS student and MUST [pre-register](#).
- **OCTOBER 14: PTSA BOARD MEETING** Media Center. 6:00 PM
- **OCTOBER 16: PSAT/NMSQT** Open to students registering in advance. Registration ends September 11th @ 11:59 PM
- **OCTOBER 16: PreACT (GRADE 10)** REQUIRED for all sophomores. The test is administered during the school day.
- **OCTOBER 24: PTSA SPIRIT NIGHT AT TEXAS ROADHOUSE** 4:00-10:00 PM
- **OCTOBER 26: DEADLINE FOR YEARBOOK SENIOR PORTRAIT CHOICES** Photos must be from Lifetouch/Prestige Portraits. Select one tux/drape (blue background) AND one vertical casual image.
- **CHORUS "INFORMANCE"** Auditorium. 6:30 PM
- **OCTOBER 24: PTSA SPIRIT NIGHT AT CHIPOLTE** 4:00-8:00 PM
- **OCTOBER 31: END OF QUARTER**
- **NOVEMBER 1: TEACHER WORKDAY**